

# Year R - All About Me

## Autumn Term (1)



### Communication and Language

- Listening to others one to one and in small groups
- Understanding and following simple instructions
- Speaking – using a clear voice to express needs

### Literacy

- Listening to stories with increasing attention and recall
- Phonics – Phase 1 and 2
- Writing name and letter formation
- Recognising some Sight Words



### Understanding the World

- My home and my family
- My new friends
- Our bodies
- Knowing how to operate simple equipment
- RE – Who am I, where do I belong?

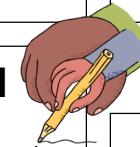


### Physical Development

- My body – self-care, toileting and hand washing
- Ways of moving - running, hopping, skipping and jumping
- Using scissors, tools and equipment safely
- Hold a pencil, draw and develop pencil control

### Skills to have a happy day at school

- *Put on and take off a jumper, shoes and coat.*
- *Use both hands when using a knife and fork to eat their school lunch*
- *Use the toilet independently*
- *Practise recognising and writing name (in lower-case letters)*
- *Sing nursery rhymes and talk about rhyming words*
- *Share books and talk about stories and pictures*
- *Remember your coat, water bottle, book bag, reading books/reading record every day*



### Expressive Arts and Design

- Creating self-portraits
- Experimenting with different media
- Identifying instruments
- Singing songs - 'All About Me'

### Personal, Social and Emotional Development

- My new school and making new friends
- Resilience (our Milford School termly value)
- Becoming independent
- Staying safe

### Maths

- Counting games and songs, i.e. 1,2,3,4,5, once I caught a fish alive
- Matching, sorting and comparing objects and amounts
- Comparing the size of objects
- Comparing the mass of objects
- Comparing capacity
- Exploring, continuing and creating simple patterns

